

## Learner Activity Sheet: Internet Safety

---

### ACTIVITY #1: Secure Websites

Use a Web browser to locate a website you might use for shopping, banking, social media, or something else that interests you.

If you don't have your own computer, follow along with the instructor.

Website visited: \_\_\_\_\_

Is the website I visited secure?    \_\_\_\_\_ yes    \_\_\_\_\_ no

How did you determine that the website is secure?

1. \_\_\_\_\_

2. \_\_\_\_\_

## ACTIVITY #2a: Strong Passwords

SIGN UP

Username

Password

Confirm Password

CREATE ACCOUNT

[Already have an account? Login here](#)

Password must be at least **8 characters** and contain the following: at least **one uppercase** and **one lowercase** letter and **one numeric** character.

Using the password requirements in the Sign Up form above, **create a strong password** that meets the criteria.

My password: \_\_\_\_\_

## ACTIVITY #2b: Strong Passwords

How can you make the passwords below more secure?

1. happybirthday \_\_\_\_\_

2. josephsmith \_\_\_\_\_

*Passwords should be at least 12 characters long and contain one uppercase letter, one lowercase letter, one number, and one special character.*

*Remember: Longer passwords are stronger passwords.*

3. 12345678910 \_\_\_\_\_

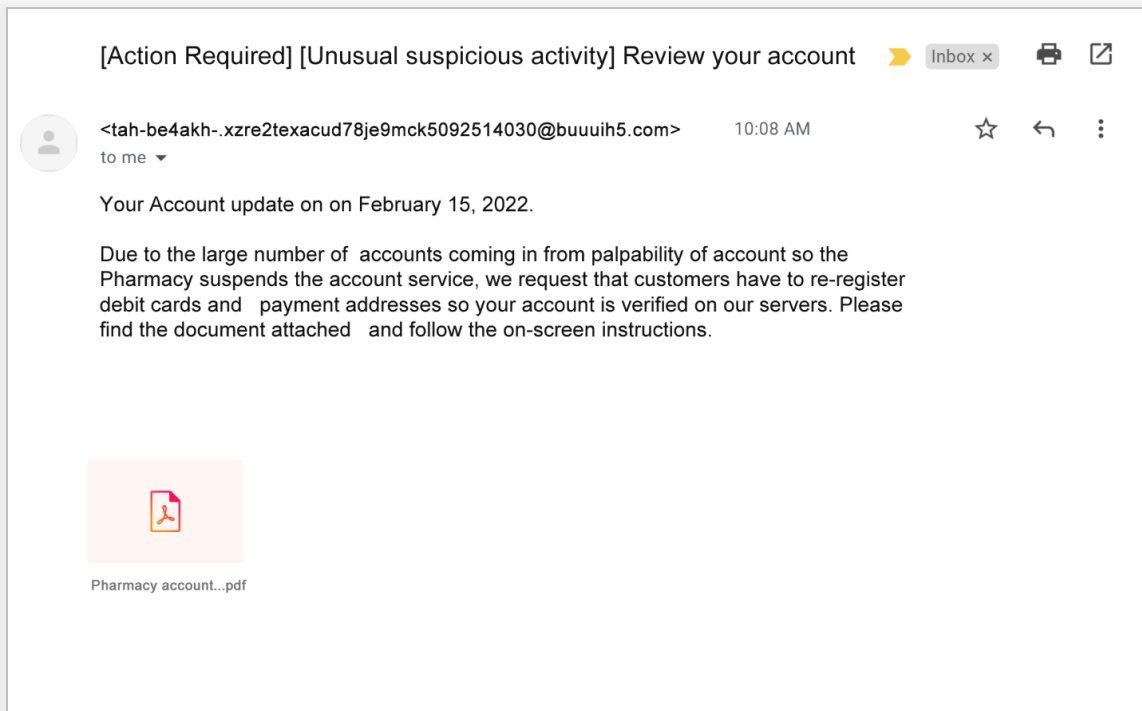
4. password1 \_\_\_\_\_

*Passwords should be at least 12 characters long with no other character requirements. To make this a strong password, use a short phrase.*

*Remember: Longer passwords are stronger passwords.*

### ACTIVITY #3: Can you recognize a scam?

Circle four things in this email that indicate a scam.



### ACTIVITY #4: Practice

Please follow along with the instructor and participate in the practice and discussion.