

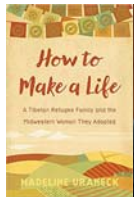


# The Bookworm



THE BI-MONTHLY NEWSLETTER OF THE MIDDLETON PUBLIC LIBRARY

## AUTHOR EVENTS AT THE LIBRARY



**Madeline Ura-neck on**  
***How to Make a Life***  
**Wednesday, May 23rd, 7:00 PM**

When Madeline Ura-neck said hello to the Tibetan woman cleaning her office cubicle, she never imagined the moment would change her life. An evocative blend of immersion journalism and memoir, ***How to Make a Life*** shares the immigration story of a Tibetan refugee family who crossed real and cultural bridges to make a life in Madison, Wisconsin, with the assistance of the Midwestern woman they befriended. From tales of escaping Tibet over the Himalayas, to striking a balance between old traditions and new, to bridging divides one friendly gesture at a time, readers will expand their understanding of family, culture, and belonging.



**Jerry Apps on his new novel**  
***Cold as Thunder***  
**Thursday, May 31st, 7:00 PM**

Prolific author, historian, and storyteller Jerry Apps returns to the Middleton Public Library for what promises to be a lively evening of discussion about his newest novel, ***Cold as Thunder***. Jerry's novel is set in Wisconsin's dystopian future, year sixteen of the Eagle Party's re-

gime, when all schools and public utilities have been privatized, churches and libraries closed, and independent news media shut down. Environmental deregulation and unchecked climate change have caused widespread fires and floods. But a resourceful band of Wisconsin sixty-somethings calling themselves the Oldsters lays secret plans to fight the ruling regime and remind people how to take charge of their destiny. Special guest Bill Lueders, managing editor at ***The Progressive*** magazine, will introduce Jerry and lead the Q&A after Jerry's talk.



**Professor Jason Fletcher on**  
***The Genome Factor***  
**Tuesday, June 26th, 7:00 PM**

Jason Fletcher, a professor at UW-Madison's La Follette School of Public Affairs, Sociology, Applied Economics and Population Health Sciences, will discuss his new book, ***The Genome Factor: What the Social Genomics Revolution Reveals about Ourselves, Our History, and the Future***. Special Guest Doug Moe will introduce Professor Fletcher and lead a Q&A session.

*Copies of books will be available for purchase at each event courtesy of Mystery to Me bookstore. Each author event will conclude with a book signing.*

## INTERNATIONAL DAY OF YOGA CELEBRATION IN PARISI PARK, JUNE 21

Celebrate the spirit of yoga right here in Middleton at the **International Day of Yoga Celebration** being held in **Parisi Park (2405 Park Street)** on **Thursday, June 21 from 1-3:30pm**.

The International Day of Yoga has been celebrated annually on the 21st of June since its inception in 2015. Participate in this global yoga movement by joining the Middleton Public Library at this free event sponsored by the Middleton Recreation Department!

There will be a FREE yoga class from 1:30-2:15pm followed by a FREE parent/child yoga class from 2:30-3pm. Don't have a yoga mat? That's okay, bring a towel instead.

Meet other yoga enthusiasts. Learn more about the benefits of yoga. Script your "act of kindness" or personal message of gratitude. There will also be lots of books on yoga to borrow too. Don't forget to bring your library card or get one at the celebration!



No registration required. Street parking only. Parisi Park is located at 2405 Park Street, which is near the Walter R. Bauman Aquatic Center and tennis courts off of Park Lawn Place.

For more information about this free event, visit the Middleton Recreation Department at [www.ci.middleton.wi.us/176/Recreation-Programs](http://www.ci.middleton.wi.us/176/Recreation-Programs).

## EVENTS FOR ADULTS IN MAY &amp; JUNE


**Film Screening: What I Did in Fifth Grade**  
**Wednesday, May 9th, 6:30 PM**

In honor of National Teacher's Day (May 8th) the Library is screening a documentary by a local filmmaker chronicling a year in the life of a teacher working with a diverse population of students, stressing the joy of learning and the importance of creating community. It won the Critical Edge Film Festival Best Local Documentary Award and was an official selection of the Beloit, Sunrise, Julien Dubuque, and Louisville International film festivals. Filmmaker Marc Kornblatt will attend and lead a Q&A after the film. Run time is approximately 83 min.


**Scholar'd for Life lecture series:**  
**Richard Davidson on his new book,**  
**Altered Traits**  
**Thursday, May 10th, 7:00 PM**

**At Kromrey Middleton School – Cafetorium**  
**7009 Donna Dr. in Middleton**

We are thrilled to welcome Richard Davidson for the second lecture of 2018 in our Scholar'd for Life series! Dr. Davidson will discuss his new book, *Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body*. Davidson will discuss the latest data from his lab at the Center for Healthy Minds that point to a new methodology for developing a broader array of mind-training methods with larger implications for how we can derive the greatest benefits from the practice. Registration is not required for this event. Doors will open at 6:30 PM.


**Four Seasons Theater presents: Words (and Music) by Stephen Sondheim**  
**Friday, May 18th, 6:30 PM**

*New date and time! Original performance rescheduled due to weather.*

Four Seasons Theatre Co. returns to the Library for the 4th year in a row! This time, they've created a program focusing on the craft of lyric-writing as practiced by the modern master of American musical theatre, Stephen Sondheim. The program features four singers and a pianist bringing a mixture of Sondheim's songs interspersed with readings from his essays and interviews about the craft of lyric-writing. Audiences will learn about the intricacies of the lyricist's craft--How do lyrics differ from poetry? How do lyrics resemble a one-act play? What purpose does rhyming serve in crafting a powerful lyric? -- while enjoying some of the best local singers performing music from Sondheim shows like *Company*, *Into the Woods*, and *Sweeney Todd*.

*The Library closes at 6:00 PM on Fridays, but the outer lobby and lower-level Archer Rooms will remain open for this performance.*


**Adult Craft Event: Suminigashi**  
**with Theresa Kim**  
**Thursday, June 7th, 6:30 PM**

Suminigashi is a Japanese form of paper marbling. Over and over again, people who do this workshop are mesmerized at what happens when you let go and get curious. In the end, you take home marbled paper, but the real power is in the process. Theresa Kim is an artist and teacher who holds a Professional Life Coaching Certificate (PLCC) from UW-Madison. Her workshops are based on the idea of meditative creativity, of getting quiet and grounded in the

process of creating something, without attachment to the final product. No artistic experience or ability required. Space and supplies are limited and registration is required. Registration opens on Monday, May 7th.

**Wellness Wednesdays:**

**A mini-series promoting emotional and mental wellbeing**

**Stop Being So Mean to Yourself:**  
**Addressing Negative Self Talk**  
**Wednesday, May 30th, 6:30 PM**

Therapist Kyira Hauer (M.S. UW-Madison) presents a workshop on how to identify, challenge, and move away from our negative self-talk and deeply held beliefs that hold us back. Hauer is a licensed therapist and is the founder of Kinda Creative, LLC, as well as the #ReclaimBeauty campaign.

**Aging with Energy and Authenticity**  
**Wednesday, June 6th, 6:30 PM**

Author and counselor Pamela Phillips Olson offers inspiring and entertaining life stories from her book, *Lechayim Lunch: Ingredients for a Good Life*, a collection of life stories based on interviews with four dozen strong and incredible individuals, many of them "ordinary" people with extraordinary stories, whom she met while volunteering at a Dane County lunch site for senior citizens.

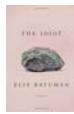
**Mindfulness Practices for Women**  
**Wednesday, June 13th, 6:30 PM**

Join licensed therapist Mare Chapman as she demonstrates her practice of applying mindfulness to transform women's conditioned, internalized sexism, gain freedom from incorrect beliefs, and build self-trust and empowerment. Chapman provides mindfulness-based psychotherapy, teaches classes, leads retreats, and trains mental health professionals in mindfulness. With forty years of clinical experience, she has been practicing mindfulness for over 30 years. She recently published *Unshakeable Confidence: The Freedom to Be Our Authentic Selves: Mindfulness for Women*, based on the class she has been teaching for 25 years.

**Upcoming Book Discussions**

**Exit West by Mohsin Hamid**  
**Thursday, May 17th, 10:00 AM**

Middleton Public Library – Archer Room


**The Idiot by Elif Batuman**  
**Thursday, May 24th, 7:00 PM**

The Free House Pub, 1902 Parmenter St. in downtown Middleton


**The Last Painting of Sara De Vos by Dominic Smith**  
**Thursday, June 21st, 10:00 AM**

Middleton Public Library – Archer Room

**All Library events are made possible by the generosity of the Friends of the Middleton Public Library. Learn more at [www.midfriends.org](http://www.midfriends.org)**




Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



# May 2018

## EVENTS AT THE MIDDLETON PUBLIC LIBRARY



		9:30 Big Kids Storytime 1 10:30 Big Kids Storytime 6:00 Coding Club 7:00 Friends Board Meeting	9:30 Friends Book Sorting 2 9:30 Little Kids Storytime 10:30 Little Kids Storytime 7:00 Power Point Basics	9:00 Friends Book Sale 3 9:30 Tiny Tots Storytime 10:30 Tiny Tots Storytime 6:00 Minecraft Club 6:30 3DSwitch Club	9:00 Friends Book Sale 4 9:30 Baby Lapsit Storytime	9:00 Free Comic Book Day 5 3:00 'Tween Books & Cooks: Cinco de Mayo
6	7 10:30 little om BIG OM: Family & Toddler Yoga	9:30 Big Kids Storytime 8 10:30 CI Pediatric Therapy Center Storytime 5:30 Library Board Meeting 6:00 Coding Club	9:30 Friends Book Sorting 9 9:30 Little Kids Storytime 10:30 Little Kids Storytime 6:30 Film Screening: 'What I Did in Fifth Grade'	9:30 Tiny Tots Storytime 10 10:30 Tiny Tots Storytime 6:00 Minecraft Club 7:00 Dr. Richard Davidson (Scholar'd for Life series) *at Kromrey Middle School*	9:30 Baby Lapsit Storytime 11 4:15 LC3 = Loosely Controlled Chaos Club	<b>SALE</b> 12 10:00 Friends Book Sale 3:00 DIY: Marbleized Mugs & Stationery
 13 Mother's Day 1:30 Chess Club	14 10:30 Move-it-Mondays 4:15 Teen Advisory Committee 5:30 Understanding & Responding to Behavior Changes 6:00 4K Completion Celebration @ Cross Plains Library	9:30 Big Kids Storytime 15 10:30 Big Kids Storytime 4:30 Getting to Know Medicare 6:00 Understanding Annuities 6:00 Coding Club	9:30 Friends Book Sorting 16 9:30 Little Kids Storytime 10:30 Little Kids Storytime 6:30 Creative Writing Group for Adults	9:00 Friends Book Sale 17 9:30 Tiny Tots Storytime 10:00 Adult Book Discussion 10:30 Tiny Tots Storytime 6:00 Minecraft Club 6:00 Sushi-Making	9:00 Friends Book Sale 18 9:30 Baby Lapsit Storytime 10:30 Tinkergarten Nature Storytime 6:30 'Words [and music] by Stephen Sondheim'	19
20	21 6:00 Evening Storytime: Favorites Forever!	22 1:30 Drop-in Job Help 6:00 Coding Club 7:00 Get to Know Libby	9:30 Friends Book Sorting 23 7:00 Author Event: Madeline Ura-neck on 'How to Make a Life'	9:00 Friends Book Sale 24 6:00 Minecraft Club 7:00 Let's Talk About Texts - The Idiot by Elif Batuman	25 9:00 Friends Book Sale	26
<b>CLOSED</b> Sundays 27 Library Closed Sundays until September 9th	<b>CLOSED</b> 28 Memorial Day Library Closed	29 7:00 Movie Screening: Angst	9:30 Friends Book Sorting 30 6:30 Stop Being So Mean to Yourself: Addressing Negative Self Talk	9:00 Friends Book Sale 31 6:00 Minecraft Club 7:00 Jerry Apps Author Event	<ul style="list-style-type: none"> <li>■ = Youth Event</li> <li>■ = 'Tween Event</li> <li>■ = Teen Event</li> <li>■ = Adult Event</li> <li>■ = All Ages Event</li> <li>■ = Friends Event</li> </ul>	

Middleton Public Library      Phone: (608) 831-5564      Email: info@midlibrary.org      Monday - Thursday 9am-9pm  
 7425 Hubbard Avenue      Fax: (608) 836-5724      http://www.midlibrary.org      Friday 9am-6pm : Saturday 9am-5pm  
 Middleton, WI 53562      TeleCirc: (608) 242-4700      midlibrary.org/facebook      midlibrary.org/twitter      Sunday (Sept-May) 1pm-5pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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# June 2018

## EVENTS AT THE MIDDLETON PUBLIC LIBRARY



- = Youth Event
- = 'Tween Event
- = Teen Event
- = Adult Event
- = All Ages Event
- = Friends Event

						1 9:00 Friends Book Sale	2		
3	4	9:30 Big Kids Storytime 10:30 Big Kids Storytime 6:00 Coding Club 7:00 iPad Academy Part I	5	9:30 Friends Book Sorting 9:30 Little Kids Storytime 10:30 Little Kids Storytime 6:30 Aging with Energy and Authenticity	6	9:30 Tiny Tots Storytime 10:30 Tiny Tots Storytime 6:00 Minecraft Club 6:30 3DSwitch Club 6:30 Adult Craft Event: Suminigashi with Theresa Kim	8	9 10:00 Friends Book Sale	
10	11 10:00 Computer Science Club	9:30 Big Kids Storytime 10:00 Computer Science Club 10:30 Big Kids Storytime 1:00 'Tween Yoga Series 5:30 Library Board Meeting 6:00 Coding Club	12	9:30 Friends Book Sorting 9:30 Little Kids Storytime 10:00 Computer Science Club 10:30 Little Kids Storytime 12:00 Book Bunch & Lunch 6:30 Mindfulness Practices for Women	13	9:00 Book Sale 9:30 Tiny Tots Storytime 10:00 Computer Science Club 10:30 Tiny Tots Storytime 11:00 Memory Screenings 1:00 Splash at the Splash Pad! 6:00 Minecraft Club 7:00 Minute to Win It	14	15 9:30 Baby Lapsit Storytime 10:00 Computer Science Club 2:00 David Landau in Concert	
17  Father's Day	18	9:30 Big Kids Storytime 10:30 Big Kids Storytime 1:00 'Tween Yoga Series 6:00 Coding Club 7:00 iPad Academy Part II	19	9:30 Friends Book Sorting 9:30 Little Kids Storytime 10:30 Little Kids Storytime 12:00 Book Bunch & Lunch 3:00 Teen Tie-Dye	20	 9:00 Friends Book Sale 9:30 Tiny Tots Storytime 10:00 Adult Book Discussion 10:30 Tiny Tots Storytime 1:00 International Day of Yoga Celebration in Parisi Park 6:00 Minecraft Club	21	22 9:30 Baby Lapsit Storytime 2:00 Laura Doherty in Concert	
24	9:30 We're Making a Splash at the Splash Pad! 6:00 Evening Storytime	25	9:30 Big Kids Storytime 10:30 Big Kids Storytime 1:00 'Tween Yoga Series 1:30 Drop-in Job Help 7:00 Professor Jason Fletcher on 'The Genome Factor'	26	9:30 Friends Book Sorting 9:30 Little Kids Storytime 10:30 Little Kids Storytime 12:00 Book Bunch & Lunch: 5:30 Slide Into a Good Book at Springtree Apartments	27	8:00 Greenway Station Playdate at the Farmers Market! 9:00 Friends Book Sale 7:00 Murder Mystery	28	29 9:30 Baby Lapsit Storytime
							30 3:30 Jim Gill in Concert		

## TEEN EVENTS IN MAY & JUNE

### Summer Reading Program: Libraries Rock!



Did you know that we have Summer Reading Programs for all ages? Starting June 8th, teens are invited to create their own goal of how much they think they can read over the summer.

When they reach their halfway and final goal, they can spin our giant prize wheel for prizes like giant chocolate bars, a cart of new books to choose from, iTunes gift cards, and coupons to area businesses for free pie or ice cream! Also, for every hour they read, they will be given an entry form for our **Grand Prize Drawing** on **Saturday, August 11**.

Three winners will be drawn at the Summer Reading Finale for prizes like a Go Pro camera and Overture Center gift card—the more they read, the better their chances of winning a Grand Prize! There is also the option to donate to Music & Memory, a charity

that helps the cognitively impaired through music.



We have lots of other events at the library for teens, also! On **May 12 at 3pm**, try our **DIY Marbleized**

**Mugs, Stationery and Nail Polish Flowers!**

All materials provided, registration required. Teen artists, writers, & photographers are also invited to enter our annual **Teen Writing, Drawing, and Photography Contests**.

Deadline for entries is **July 16**, suggested theme: Music/Album Covers. There is a \$50 prize in each category!



We also will be offering a **Minute to Win It** event, **Teen Tie Dye**, and a **Murder Mystery** in June. Check our summer brochures for more details on all our summer events!

## GREENWAY STATION PLAYDATE SERIES

Bring your little sprouts to the Greenway Station Farmers' Market on **Thursday, June 28** for the first of five free events in the Greenway Station Playdate Series!

The Middleton Public Library will kick off the free Greenway Station Playdate Series on **Thursday, June 28** with a **10am storytime** with Miss Lori followed by a **craft activity** and lots of fun outdoor activities before and after storytime! There will also be books to borrow, so don't forget to bring your library card or sign up for one at the event. Feel free to bring your own comfy blanket to sit on during storytime, if you like.

From June through October, the Greenway Station Playdate Series will offer a variety of different free activities for kids each month. After this June 28th kickoff event with the Middleton Public Library, make sure to visit the library at Greenway Station again on **July**

**12, August 9**, and **September 13 from 8am-1pm** for book checkout, outdoor toys to play with, and simple crafts to try. Other Greenway partners will provide fun offerings too. The final event in this Playdate Series will take place on **October 4** with a special storytime and craft activities, so save the date!

For complete details about this free, family-friendly Greenway Station Playdate Series, visit the library's outreach page at [www.midlibrary.org/Outreach](http://www.midlibrary.org/Outreach) or Greenway Station's website at [www.greenwayshopping.com](http://www.greenwayshopping.com).

Greenway Station is located at 1650 Deming Way in Middleton. Plenty of free parking is available! Weather permitting.



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THE BI-MONTHLY NEWSLETTER OF  
THE MIDDLETON PUBLIC LIBRARY

Middleton Public Library  
7425 Hubbard Avenue  
Middleton, WI 53562  
(608) 831-5564  
www.midlibrary.org  
info@midlibrary.org

Open to **Serve** you:  
Monday - Thursday 9am-9pm  
Friday 9am-6pm  
Saturday 9am-5pm  
Sunday (Sept-May) 1pm-5pm

## Middleton Public Library Board Members

Robert Seltzer, Library Board President; Cindy Zellers, Library Board Vice President; Courtney Ward-Reichard, Library Board Secretary; Robert Burck, Library Board Council Liaison; Marybeth Paulisse, MCPASD Liaison; David Reed, Roshelle Ritzenthaler, Jeremiah Tucker, Thomas Yost

## THANK YOU!

The Friends of the Middleton Public Library wishes to thank all members for supporting the library, including these corporate sponsors:

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- Boley Tree & Landscape Care, Inc. • Bristled Boar Saloon
- Capital Brewery Co. Inc. • Captain Bill's • CPU Solutions
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- Electronic Theatre Controls, Inc. • Imperial Garden
- James A Lord, D.D.S • Jungle Day Care & Bilingual Preschool
- Madison Community Montessori School • Middleton Ford
- Monona Bank • Pellitteri Waste Systems
- Pleasant T. Rowland Foundation • Resco • Simply Swimming
- State Bank of Cross Plains • Summers Christmas Tree Farm
- SwimWest Swim School • TASC • Zimbrick of Middleton/Acura

*All Programs at the library are funded by the Friends of the Middleton Public Library.*

## AT LONG LAST...SPRING!

Here are just some of the great gardening titles available at Middleton Public Library! Many more gardening and landscaping books are available on the library's lower level.



***The Flower-Powered Garden: Supercharge Your Borders and Containers with Bold, Colorful Plant Combinations***  
By Andy Vernon

A splash of color not enough for you? This book is full of gorgeous photos and ideas to add a punch of color to your garden. A great visual guide that includes information on how to grow and care for the plants as well as color coordinating varieties.



***Terrarium: 33 Glass Gardens to Make Your Own***  
By Anna Bauer, Noam Levy, and Rebecca Genet

Like plants, but don't have room for a full sized garden? Don't worry, this book has you covered! Create your own mini garden small enough to fit anywhere. Full of photos and examples to get you started, it also has essential info on how to maintain and care for your mini garden to keep it happy and healthy.

***The Backyard Gardener: Simple, Easy, and Beautiful Gardening with Vegetables, Herbs, and Flowers***  
By Kelly Orzel



This in-depth guide is a great resource for the home gardener who wants to get serious. Includes guides on soil testing and compost composition, monthly checklists for garden care, and pest and disease prevention and treatment. While the main focus is on vegetable gardening, it does touch on flowers as well.



***Niki Jabbour's Veggie Garden Remix: 224 New Plants to Shake Up Your Garden and Add Variety, Flavor, and Fun.***  
By Niki Jabbour

If you want to expand beyond the basic garden staples this book will take you on a veggie adventure! Using a "If you like THIS then you should also try THIS" approach, the author provides planting and growing tips for less mainstream garden additions.



***Fresh From the Garden: An Organic Guide to Growing Vegetables, Berries, and Herbs in Cold Climates.***  
By John Whitman

Growing fresh food in colder climates can present a unique set of challenges. With tips and guides on the best plants for the climate and when to start them, this book will give you a head start on your growing season.

